



Student Motivation Survey on Physical Education, Learning Sports, and Health During the COVID-19 Pandemic at MTsN 7 Wonosalam Jombang

Yully Wahyu Sulistyo^{1ABCD*}, Noni Anggraini Octavia^{2BD}

¹Physical Education, STKIP PGRI Jombang, Jombang, Indonesia

²Physical Education, STKIP PGRI Jombang, Jombang, Indonesia

*Corresponding Author: yully.wahyu@stkipjb.ac.id

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ABSTRACT

Learning in the covid-19 pandemic is a learning that is carried out online or online with the media used, namely the internet, and the learning process is carried out through websites, email and WhatsApp, the implementation of the learning process is also carried out remotely. This study aims to see how much motivation MTs Negeri 7 Wonosalam students have during the Covid-19 pandemic. This research is a quantitative descriptive research with a survey method. The research instrument used to collect data is a questionnaire that is distributed to students of MTs Negeri 7 Wonosalam class VII, VIII, and IX. The results showed that students' motivation in learning physical education in sports and health during the Covid-19 pandemic at MTs Negeri 7 Wonosalam in 2021 was moderate. This can be seen from the average results of the categories on 7 (seven) indicators, namely self-desire 53%, self-satisfaction 42%, good habits 46%, rewards 39%, punishment 52%, imitation of something 54%, and spirit 51%. Conclusion and Implications: Looking at the results of data analysis indicates that student learning motivation during the Covid-19 pandemic is in the moderate category, and for 1 indicators in the low category, namely the prize indicator. Further research is expected to add interview methods and add indicators such as initiative, commitment and other indicators, in addition to the indicators contained in this study.

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INTRODUCTION

At the beginning of 2020, the world was on alert with a virus called the corona virus (Covid-19). The transmission of Covid-19 is so fast that the World Health Organization (WHO) designated this coronavirus or Covid-19 as a pandemic on March 11, 2020. The



status of this global epidemic or pandemic indicates that the spread of Covid-19 is so fast that almost no country in the world can avoid the corona virus. The Indonesian government has urged residents to stay indoors and self-isolate to break the chain of spread of the covid-19 virus. This is done in the hope that the virus does not spread more widely and healing efforts can run optimally. In this social restriction effort, the Indonesian government has also restricted activities outside the home such as educational activities.

Education is a form of embodiment of dynamic human culture. Therefore, changes or developments in education are things that should happen in line with changes in the culture of life (Sofyan, Achmad and Tuasikal, A.R.S. 2013). With life conditions that are like during the Covid-19 pandemic, educational activities, especially physical education sports and health have become hampered, which initially offline became online, which was originally activities carried out in practice in the field now become virtual or online Online learning is carried out by utilizing technology, especially the internet. In online learning, students can become less active in conveying their aspirations and thoughts, which can result in saturating learning (Sari, Melani, & Rahmayani, 2021). A student who experiences burnout in learning will acquire an imperfection in learning outcomes. Therefore, it is necessary to encourage students to move students so that they are enthusiastic about learning so that they can have learning achievements. The spirit of learning can be possessed by increasing learning motivation.

Learning motivation is a driver or driver that makes a person interested in learning so that they will learn continuously. Low motivation can lead to low success in learning so that it will degrade student learning achievement. In accordance with the background above, in early 2020 all circles were wary of the covid-19 virus, especially in teaching and learning activities for Sports and Health Physical Education using online learning. One of the PJOK learning subjects is a learning process through physical activity by participating in physical activity, by doing physical activity students can develop aesthetic appreciation, by mastering skills and knowledge, developing generic skills and positive values and attitudes, and improving physical condition. According to Saefulmilah & Saway, (2020) Physical Education, Sports and Health is a physical activity that is systematically designed and structured to stimulate growth and development as well as character building in order to achieve educational goals.

The home learning policy is implemented while still involving educators and students through Distance Learning, (Basar, 2021). The current pandemic condition requires educators in this case teachers to innovate to change face-to-face learning patterns into non-face-to-face learning patterns (Anugrahana, 2020). Based on this idea, researchers are interested in conducting a study on the motivation for learning physical education, sports and health during the COVID-19 pandemic at MTsN 7 Wonosalam Jombang. Based on the above presentation, researchers intend to apply survey methods to sports psychology in the student motivation sub-chapter in grades VII, VIII, and IX to see how much student motivation during the COVID-19 pandemic.

MATERIALS AND METHODS

This research uses quantitative descriptive method. The subjects in this study were students of MTs Negeri 7 Wonosalam class VII, VIII, and IX totaling 121 students. The instrument used in this study was in the form of a non-test, namely a motivational questionnaire questionnaire in PJOK learning. Data collection in this study is in the form of a motivational questionnaire, by asking online-based statements or questions in the form of a Google Form. In this study, questionnaires are a series of questions used to reveal information, either regarding facts or opinions. Its function is to obtain research data on student motivation during the COVID-19 pandemic in physical education, sports and health subjects. In a way, researchers will distribute the questionnaire to MTsN 7 Wonosalam Jombang students.

RESULTS AND DISCUSSION

Research Results

Based on the analysis of the validity and reliability of the questionnaire used as many as 55 questions with indicator 2 and sub-indicator 7. From the data analysis, the average result was 202.0 and the standard deviation was 25.14 with a sample of 121 students in grades VII, VIII and IX. Based on data from the motivational survey of MTs Negeri 7 Wonosalam Jombang students using the motvasi questionnaire instrument, students fall into the moderate category (43.75% - 62.50%) with an average number of 202.0. And hasi survey research Student motivation towards physical education sports and health during the Covid-19 pandemic at MTs Negeri 7 Wonosalam by looking at data analysis of student readiness in facing modern learning is very necessary, and students are also required to be more open to increasingly sophisticated technology.

Table 1. Data on the results of calculating the questionnaire score

Sample	Mean	Std. Deviasi
121	202	25,14

Data on the motivational results of MTs Negeri 7 Wonosalam Jombang students are displayed in the table as follows: Data on the motivational results of MTs Negeri 7 Wonosalam Jombang students are displayed in the table as follows:

Table 2. Student Motivation Outcomes Data

No	Indicator	Achievement Percentage (%)	Category
1	Self-Desire	52,56 %	Medium
2	Self-Satisfaction	42,32 %	Medium
3	Good Habits	45,75 %	Medium
4	Gift	38,54 %	Low
5	Punishment	52,3 %	Medium
6	Imitating Something	53,95 %	Medium
7	Spirit	51 %	Medium

Based on the results of the data obtained, students' motivation to take part in sports and health physical education learning. In the self-desire indicator of 52.56% moderate category, self-satisfaction of 42.32% medium category, good habits of 45.75% medium

category, prize indicator of 38.54% low category. The penalty was 52.3% medium category, imitating something 53.95 medium category and spirit 51% medium category.

DISCUSSION

Based on the results of the data obtained, the motivation of students to take part in the learning of Sports and Health Physical Education is moderately categorized. The results of this study support several previous studies, according to Fajri in a study entitled "The relationship between learning motivation and student learning achievement in class X health assessment subjects in high schools of babelan people's schools". That the learning motivation given by teachers to their students will increase their enthusiasm for learning to obtain achievement results for students (Fajri, 2018). The current online learning process is very much that needs to be improved and must adapt to new habits in the learning process because the online and face-to-face learning processes are very much different, it is hoped that teachers and students will quickly adapt to this new habit so that the learning process can still take place, and online learning requires a different approach in terms of planning, design, delivery and communication. In addition, teachers must develop and use new learning methods and styles, ranging from direct instruction to managing learning properly, supporting students, facilitating remote debates, and disseminating information and views. This is in line with research conducted by (Kristiyandaru, Muhammad, Kartiko, Indriarsa, & Surabaya, 2021) which states that distance learning that is implemented online certainly has its own challenges for PJOK teachers and students who usually have more dominant learning activities carried out outdoors or on sports fields, which currently must be carried out at home independently.

Among the results of Yu & Jee's (2021) research on the practice of online classes during the Covid-19 pandemic, most learners feel that mistakes remain. At the evaluation stage, educators report unenthusiastic student involvement and learners simply hand in assignments (Kristiyandaru et al., 2021). The conclusion of the study is that timely and quality feedback should be provided for the successful implementation of online classroom practice, teachers should prepare ahead and reduce technical errors and continuously motivate learners. Furthermore, according to Yu & Jee, (2021) web-based learning interventions, both synchronous and asynchronous are the best methods during the Covid-19 pandemic

The motivation of each student is greatly influenced by two factors, namely factors inside and outside of themselves while factors from within the students include knowledge, facilities, and interests, while factors from outside the students are teachers, friends, infrastructure, and parents (Kustria, Parwata, & Sryanawati, 2021). With influences from outside and from within students, it will be a pendorang for students to move to do something. Factors from inside and from outside greatly affect the level of motivation of students towards something such as in participating in Physical Education, Sports, and Health learning during the Covid-19 Pandemic.

CONCLUSION

Based on the results of the student motivation survey research on physical education in terms of motivation during the Covid-19 pandemic, MTs Negeri 7 Wonosalam students by looking at the results of data analysis indicate that student learning motivation during the Covid-19 pandemic is in the moderate category, and for one indicator in the low category, namely the prize indicator.

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